

# Self Raising (SR) Flour

Combine (sifting is best) together

1 cup of plain flour

1 1/2 teaspoons of baking powder

1/4 teaspoon of salt (optional)

**OR**

**If you don't want to use pre-made Baking powder in your SR Flour**

Combine together

2 cups of plain flour

1 1/2 teaspoons of cream of tartar

3/4 a teaspoon of sodium bicarbonate (baking soda)

1/2 teaspoon of salt (optional)

Store in an air-tight container for up to a year.